



CITY OF SAN ANTONIO
METROPOLITAN HEALTH DISTRICT Presents:



Health & the Built Environment

LEVERAGING A MORE LIVABLE SA



Friday, NOVEMBER 13th, 2015

7:30 am – 4:00 pm

Henry B. Gonzalez Convention Center
200 East Market Street

Healthy Communities • Livability • Sustainability
Opportunity • Equity • A Sense of Place • Safety
Strong Neighborhoods • San Antonio • Now

Registration: <http://bit.ly/1Kd5hb0>

- Conference Rates:
 - **Regular** \$55
 - **Student** (based on availability)
- Professional credits: AIA, AICP, CNU
- Breakfast Included in Registration
- Questions? David Clear at (210)207-2002 or david.clear@sanantonio.gov



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7:15 – 7:45 AM – **Registration & Breakfast** (Room 103)

7:45 – 8:00 – **Opening Remarks:** Dr. Vincent Nathan; Mayor Ivy Taylor
Councilwoman Shirley Gonzales (Introduction of Cathy Tuttle) (Room 103)

8:00 – 9:00 AM – **Morning Plenary: Vision Zero: A Resident's Perspective:** Cathy Tuttle, Executive Director, Seattle Greenways (Room 103)

The healthiest, most livable communities in the country are those with a history of strong resident advocacy and connectedness between residents and government agencies. This session explores how San Antonio can take the Vision Zero campaign seriously through all stakeholders in the city, and create a lasting impact for future generations to enjoy a built environment that is conducive to health.

9:10 – 10:10 AM - **Breakout Session I:**

- **Planning for a Healthy Tomorrow:** *This session will explore SA Tomorrow: San Antonio's comprehensive, multi-modal transportation and sustainability plan for the future, focusing on aspects that are critical in improving public health. (Room 103)*
John Dugan; Terry Bellamy; Doug Melnick
- **Food and the Built Environment: Inspiring Change at All Levels:** *This session explores the role a local government can play in ensuring a healthy and sustainable food system, and will challenge participants to inspire change in all food environments. (Room 102)*
Councilwoman Shirley Gonzales, Moderator; Edwin Marty; Julie La Barba, MD

10:20 – 11:20 AM - **Breakout Session II:**

- **Affordable Neighborhoods:** *This session looks beyond affordable housing strategies in order to address the root challenge: affordable living for all residents in livable neighborhoods. (Room 103)*
Judith Vega, Moderator; Carol Rodriguez; Christopher Lazaro
- **Achieving Livable Communities for Everyone:** *Livable, walkable, mixed-use communities have proven themselves as the ideal built environment to facilitate health for all residents. This session explores livability from a range of perspectives. (Room 102)*
Nicolas Rivard, Moderator; John Simmerman
- **Bats, Birds, Bees & Trees:** *Biophilia and leveraging biological systems to improve our physical, mental and emotional health. (Room 101)*
Carol Warkoczewski, Moderator; Judith Green; David Mahler; Mark Bird

11:20 – 12:40 PM – **Lunch Plenary: Downtown San Antonio** – Moderator: Robert Rivard; Graham Weston, Co-Founder, Chairman and CEO, Rackspace (Room 103)

This session will discuss the importance of building a downtown that is ped-bike friendly and the kind of live-work environment essential to recruiting and retaining talented young professionals to San Antonio.

12:50 – 1:50 PM – **Afternoon Plenary: Livable & Affordable Neighborhoods: A Real Estate Developer's Perspective** – Robert Chapman, Founding and Managing Director, Traditional Neighborhood Development Partners, LLC. (Room 103)

The majority of the built environment is formed through the private sector. This session looks at the realities of the built environment from a holistic perspective to ask a simple question: how can we leverage a more livable and affordable city.

2:00 – 3:00 PM – **Breakout Session III:**

- **The New Urban Techover:** *How urban environments are being transformed by technology and what this means in the future. (Room 103)*
Mitch Hagney, Moderator; Peter French; Steven Quintanilla
- **Lean, Green Past • Lean, Green Future:** *This session explores San Antonio's rich past and exciting future in terms of healthy, local & sustainable food; a vibrant, culturally relevant sense of place; a lack of bureaucratic red tape; grassroots economic empowerment; and a low ecological footprint. (Room 102)*
Steven Nivin PhD, Moderator; Steven Land Tillotson; Jeff Crane, PhD
- **Built for Wellness: Mentally/Emotionally/Spiritually:** *Were you looking for the elephant in the room? Mental health is a substantial factor in almost every health condition, including diabetes, cancer & even asthma! This session explores how mental health connects to the built environment in San Antonio, and what we can do about it. (Room 101)*
Bryan Bayles, Moderator; Terri Mauldin; Carlos Cruz

3:10 – 4:00 PM **Grand Finale: Roadmapping Success in the Built Environment** (Room 103)

Robert Rivard, Moderator; Cathy Tuttle; Robert Chapman; Adolph Delgado; Peter French